

1 What are the following objects used for?

1 a thermometer

2 a stethoscope

3 a syringe

2 What are vaccines?

.....
.....

3 Fill in the missing word to complete the sentence.

We often become aware that we are ill because we start to have
s..... .

4 Choose the correct word to complete the sentence.

Illnesses that can be passed from an ill person to a healthy person
are called **contagious** / **non-contagious** diseases.

5 Circle the non-infection diseases.

allergies colds flu malnutrition poisoning

6 What is an infectious agent?

.....
.....

7 Are the sentences *True* or *False*?

1 Colds and flus are contagious.

2 Cold and flus are non-infectious diseases.

3 When you have a cold you have symptoms.

8 Write a short description of the words below.

Trauma:

Poisoning:

Obesity:



- 9 Depression and stress are...
 a) ... mental illnesses. b) ... infectious illnesses. c) ... physical illnesses.

10 a) Look at the image and label it with the words in the box.

Carbohydrates Dairy Fats Fruit and Vegetables Proteins



b) Which foods should we eat the least of?

- a) fruit and vegetables b) fats c) carbohydrates

11 Give three examples of a healthy lifestyle.

- 1
 2
 3

12 Can living a healthy lifestyle prevent all diseases? Explain your answer.

.....

13 Administering medicines such as antibiotics, performing surgery and counselling are different types of...

- a) ... symptoms. b) ... treatments. c) ... illnesses.

14 Look at the image and explain what it is.

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