

# UNIT 1: SHAKE IT OFF

## Human body and healthy habits

K

What I know

A large, empty rectangular box with a thick black border, intended for writing notes about what the student already knows.

W

What I want to know

A large, empty rectangular box with a thick black border, intended for writing notes about what the student wants to learn.

L

What I have learnt

A large, empty rectangular box with a thick black border, intended for writing notes about what the student has learned.

### Definitions

Childhood: We learn to walk, talk and control our bodies.

Adolescence: Our body has a lot of changes.

Adulthood: Our body has finished growing.